April 29, 2009, 7—8 p.m. Opening class in the four week series “Families Eating Smart and Moving More” begins at Main Street Methodist Church in Albemarle. Remaining class dates are: May 13, May 20, and May 27. This program offers simple solutions to families to help them eat smart and move more. Instructor is Lori Ivey, County Extension Director. **FREE—Registration is required**— call the Extension office—704.983.3987 to register. Cooperative effort between NC Cooperative Extension-Stanly County, Stanly Regional Medical Center, and Stanly County Smart Start Partnership for Children.

May 6, 2009, 8:30 a.m.—4:30 p.m. Stanly County 4-H Summer Blast Registration is open! All information is on the local Extension website: http://stanly.ces.ncsu.edu/index.php. This program is offered through the Stanly County 4-H program. If you have questions or need additional information contact the Extension office by calling 704.983.3987.

May 19, 2009, 7 p.m. **Basic Food Preservation**—Learn the basics of canning and freezing vegetables from your garden presented by Lori Ivey, County Extension Director. Need your dial gauge pressure canner checked for the 2009 season? This will be a great opportunity to accomplish that annual task—just bring the lid of your dial gauge pressure canner and there will be an opportunity for it to be checked. Reservations are required to attend—call the Extension office at 704.983.3987.

Molly Alexi, Extension Agent, Family & Consumer Science, is completing a series of Financial Management Workshops entitled “All My Money”. Participants learn about making spending choices, setting goals, planning spending and saving, understanding credit. If you have a group that would be interested in learning more about money management from either a mini-lecture or a series of workshops, contact Molly at 704.983.3987.
**NCECA, Inc. - Stanly County**
**Standard of Excellence**

**Stanly County Extension & Community Association**

Stanly County ECA is affiliated with NC Cooperative Extension and is mission based.

**Mission Statement**

The mission of the North Carolina Extension & Community Association, Inc. is to strengthen families through:

- Community Service
- Leadership Development
- Volunteer Work
- Educational Support
- Research-based education from North Carolina State University and North Carolina A & T State University.

**Volunteers in Action-12,042 hours of volunteer service**

Stanly County Extension & Community Association 132 member organization achieved a Standard of Excellence gold seal for educational and organizational achievement in fulfilling the mission of North Carolina Extension & Community Association, Inc.

Standard of Excellence is determined by the reported hours of volunteer service of the organization members in their respective communities.

Extension & Community Association members are great volunteers in our community. You will see them in many capacities throughout the year.

**Stanly County Farmers’ Market 2009 Season**

**Market Opens May 16**  
Saturdays only in May  
7 am - 1 pm

**June-July-August**  
Wednesday 7 am - 1 pm  
Saturday 7 am - 1 pm

**September - October 31**  
Saturdays only  
7 am - 1 pm

Extension & Community groups meet in various areas of the county and are delighted to have visitors. If you are interested in more information about this opportunity call the Extension office.

**ANNEX**  
Meets the 3rd Tuesday of the month at 2:00 p.m. at the Stanly County Senior Center.

**DAYTIMERS**  
Meets the 1st Monday of the month at 1:30 p.m. at the Stanly County Library.

**FAIRVIEW**  
Meets the 1st Tuesday of the month at 10:00 a.m. at the Stanly County Senior Center.

**FORK**  
Meets the 1st Tuesday of the month at 7:00 p.m. at a Members’ home.

**KIRK**  
Meets the 2nd Monday of the month at 6:00 p.m. at the Kirk Community Center.

**MILLINGPORT MOONLIGHTERS**  
Meets the 4th Monday of the month at 7:30 p.m. at a Members’ home.

**NEW LONDON**  
Meets the 4th Tuesday of the month at 11:00 a.m. at the New London Community Center.

**NORWOOD**  
Meets the 2nd Monday of the month at 1:30 p.m. at the Norwood Methodist Church.

**OAKWOOD PARK**  
Meets the 3rd Tuesday of the month at 11:00 a.m. at a Members’ home or an area restaurant.

**TYSON**  
Meets the 2nd Tuesday of the month at 1:30 p.m. at the Aquadale Community Building.

We will be happy to help organize a group in your community.

**Call 704.983.3987**